



Running Start Guidelines

Running start is an opportunity for students to earn college credits while still in high school. High school juniors and seniors in Washington state can supplement high school classes with up to 15 credits per quarter. This can add up to two years of tuition-free college credits.

Cheney High School students are responsible to know, understand and follow each of the following rules and guidelines:

- Students can enroll for up to 15 credits per college quarter and only 100 level courses and above qualify for earning credits. A maximum of 6 quarters can be accessed by a student through Running Start. Also, tuition at the University is free as long as the courses are college level and above.
- Students wishing to earn high school credit through college level courses need to follow the Course Equivalency Chart and the applicable Senior Culminating components. (Students NOT seeking a diploma do not need to follow this requirement.) The following courses requirements must be completed at Cheney High School: Freshman Fitness, Health I and II, and 10 Hours of Community Service during the student's senior year.
- Courses listed on the Equivalency Chart are the only courses that can be counted towards fulfilling graduation requirements.
- Students seeking a CHS diploma must take 2 courses of college English in a year in order to satisfy one full year of Language Arts at the high school. Social studies in the 11th grade follow this same policy. Completion of 12th grade Social Studies requires students to take 3 courses in order to meet the three trimester's requirements.
- Students must inform the Running Start and the High School counselor of changes or failures in classes that may jeopardize the student being able to graduate on time.
- Fees, books, transportation, and parking are the responsibilities of the student. At EWU, students can ride the STA bus to EWU by just showing their ID card.
- Students must follow the colleges' policy on attendance, homework, grading, etc..., they may differ from the high school policy. Please read each course syllabus and follow it completely.
- Prior to the beginning of each quarter, students must meet with both the running start advisor and the high school counselor in order to enroll for courses for the upcoming quarter.
- Attendance is required. If CHS does not have school- you still need to attend your Running Start classes unless the college is closed. Please be aware that holidays and breaks are not always on the same days.
- Students will not be allowed to attend courses without a signed Course Recommendation or Verification form signed by the high school counselor, student and parent
- At EWU, students must maintain a 2.0 or higher GPA. Students who fall below 2.0 are placed on probation for one quarter. If the GPA still continues below 2.0, the student may be asked to withdraw from the University.



ADMISSION PROCESS:

1. Fill out Application Form.
2. Request a transcript from Mrs. Miller, CHS Registrar.
3. Mail the application (EWU) or fill it out online for the chosen college.
4. Attend their information nights (if possible)
5. Once you are accepted, Course Recommendation or Grad Plan forms will need to be completed so that you may know what courses you still need to finish for graduation. This will necessitate meeting with your high school counselor and the Running Start advisor.

EWU:

- A student, who is at least a junior in high school, must send in an application for participation in this program, along with a current CHS transcript, and test scores if necessary. (PSAT, SAT or ACT)
- If accepted, you will receive a card or letter stating when you need to go and test for the Math and English placement tests. Please be aware that you will need to bring a note from your parent/guardian to be excused for testing.
- Students who carry a cumulative GPA of 3.3 or above are considered automatically admissible. For these students, an application and a transcript is all that is necessary. (This is subject to change depending on the current University policy.)

SFCC and SCC:

- A student, who is at least a junior in high school, must send in an application for participation in this program.
- After submitting an application online, you will set up an appointment to take either the Compass or the Asset test, once you have an ID number. They will mail you a letter confirming your results and placement. There is a small fee for this test. Please be aware that you will need to bring a note from your parent/guardian to be excused for testing.

ADDITIONAL INFORMATION

1. Upon entering college/university, students are treated like adults and parents cannot intervene on behalf of their child. Parents can speak to the Running Start advisors ONLY if their child has signed a FERPA release form.
2. Students enrolled in running start should only be on Cheney High School campus for any CHS classes they are taking, to meet with counselors or other staff, or for athletics. Students should otherwise find another location to study and hang out.
3. AP vs. RS:
 - RS credits are accepted by ALL Public Washington state colleges/universities and not necessarily for out of state institutions of higher learning. Please check your future college choice. Most states have some type of Running Start; they could be called something else.
 - In order to receive college credits through AP, students must test and receive a score 3 or higher on the test. Please check your future college choice to see what credits the institution grants.
 - AP credits are generally accepted in every state based on the score the students receive.